

SWIMMING ENTRY TIMES

MEN



	25	30	35	40	45	50	55	60	65	70	75	80	85	90
50 FREE	29.40	30.10	31.10	32.50	33.50	34.80	36.30	38.30	40.80	43.80	49.00	1:02.00	1:12.00	1:22.00
100 FREE	1:03.15	1:04.35	1:05.35	1:07.30	1:10.80	1:14.55	1:17.20	1:22.15	1:28.10	1:37.00	1:48.90	2:00.75	2:22.05	2:58.20
200 FREE	2:20.60	2:24.05	2:26.50	2:31.45	2:36.40	2:45.35	2:59.20	3:09.10	3:23.95	3:42.75	4:07.50	4:25.35	5:06.90	6:16.20
400 FREE	5:01.95	5:09.85	5:17.80	5:26.70	5:39.55	5:46.50	6:06.30	6:38.95	7:10.65	7:55.20	8:34.80	9:44.10	10:53.40	11:52.80
800 FREE	10:38.55	10:43.50	10:59.35	11:08.25	11:33.00	12:12.60	13:02.10	14:01.50	15:00.90	16:30.00	17:59.10	19:38.10	22:16.50	25:44.40
50 BACK	35.10	36.00	37.60	39.30	40.70	42.50	44.50	47.80	50.30	55.00	1:03.30	1:10.00	1:27.00	1:48.00
100 BACK	1:12.75	1:15.75	1:17.60	1:20.20	1:25.15	1:29.10	1:34.05	1:42.95	1:50.90	1:55.55	2:13.65	2:23.55	3:08.10	3:47.70
200 BACK	2:38.40	2:43.35	2:48.30	2:57.20	3:08.10	3:18.00	3:27.90	3:47.70	4:02.55	4:22.35	4:57.00	5:46.50	7:25.50	8:54.60
50 BREAST	37.80	38.80	39.80	40.80	43.00	45.30	47.30	49.50	52.50	56.80	1:03.00	1:14.00	1:43.00	2:11.00
100 BREAST	1:20.20	1:22.35	1:25.95	1:28.10	1:31.10	1:33.05	1:42.95	1:44.95	1:51.85	2:04.75	2:19.60	2:41.35	3:42.75	4:34.25
200 BREAST	2:59.20	3:02.15	3:07.10	3:15.05	3:20.95	3:27.90	3:42.75	3:53.65	4:15.40	4:37.20	5:11.85	5:56.40	7:25.50	8:54.60
50 FLY	32.00	32.40	33.50	35.30	36.50	38.00	39.50	43.30	47.00	52.80	1:04.00	1:29.00	2:06.00	2:44.00
100 FLY	1:08.30	1:09.30	1:11.30	1:15.25	1:18.20	1:21.20	1:30.10	1:39.95	1:51.85	1:58.80	2:35.45	3:08.10	3:57.60	4:47.10
200 FLY	2:46.30	2:47.65	2:51.30	3:00.20	3:08.10	3:23.95	3:42.75	3:55.60	4:27.30	4:57.00	5:41.55	6:36.00	8:24.90	10:23.70
200 IM	2:38.40	2:43.35	2:48.30	2:56.20	3:04.15	3:09.10	3:18.00	3:34.85	3:55.60	4:12.45	4:42.15	5:21.75	6:55.80	8:34.80
400 IM	5:56.40	6:03.35	6:08.30	6:16.20	6:26.10	6:45.90	7:13.60	7:50.25	8:49.65	9:49.05	11:52.80	12:52.20	13:51.60	16:49.80



SWIMMING ENTRY TIMES

WOMEN



	25	30	35	40	45	50	55	60	65	70	75	80	85	90
50 FREE	34.00	35.00	36.00	38.00	40.00	42.60	45.50	48.00	51.80	56.00	1:00.50	1:10.00	1:31.00	1:52.00
100 FREE	1:11.30	1:14.25	1:16.25	1:19.20	1:25.15	1:31.10	1:36.05	1:41.00	1:50.90	1:56.80	2:10.70	2:33.45	2:58.20	3:32.85
200 FREE	2:38.40	2:43.35	2:51.30	2:58.20	3:13.05	3:27.90	3:37.80	3:52.65	4:11.45	4:23.35	4:54.05	5:56.40	6:40.95	7:55.20
400 FREE	5:38.60	5:48.50	6:03.35	6:11.25	6:36.00	7:10.65	7:40.35	8:05.10	8:49.65	9:34.20	10:38.55	12:12.60	13:41.70	15:40.50
800 FREE	11:52.80	12:12.60	12:32.40	13:12.00	14:21.30	15:20.70	16:10.20	17:14.55	18:28.80	19:57.90	22:56.10	24:45.00	27:53.10	33:00.00
50 BACK	40.00	41.80	44.00	46.50	49.30	52.00	54.80	58.00	1:03.00	1:08.00	1:15.00	1:31.00	2:20.00	2:53.00
100 BACK	1:24.15	1:26.15	1:31.10	1:36.05	1:41.95	1:46.90	1:55.85	2:03.75	2:15.65	2:22.55	2:37.40	3:08.10	3:42.75	4:37.20
200 BACK	3:04.15	3:06.10	3:18.00	3:32.85	3:42.75	3:57.60	4:12.45	4:20.35	4:47.10	5:04.90	5:36.60	6:50.85	8:24.90	9:24.30
50 BREAST	44.50	46.00	48.00	50.00	52.00	55.50	58.00	1:02.00	1:08.00	1:13.00	1:25.00	1:43.00	2:17.00	3:03.00
100 BREAST	1:34.05	1:36.05	1:38.00	1:44.95	1:48.90	1:54.85	2:01.75	2:09.70	2:21.55	2:32.45	2:59.20	3:47.70	4:42.15	5:46.50
200 BREAST	3:24.95	3:28.90	3:37.80	3:47.70	3:57.60	4:07.50	4:22.35	4:37.20	5:01.95	5:26.70	6:06.30	7:20.55	9:09.45	10:53.40
50 FLY	37.50	38.50	40.50	43.00	45.50	47.50	51.50	57.00	1:04.50	1:15.50	1:32.00	2:32.00	3:24.00	4:20.00
100 FLY	1:20.20	1:23.15	1:27.10	1:32.05	1:41.00	1:51.85	1:59.80	2:12.65	2:30.50	2:53.25	3:27.90	4:07.50	4:57.00	7:10.65
200 FLY	3:06.10	3:14.05	3:25.90	3:35.80	3:54.65	4:23.35	4:37.20	5:06.90	5:31.65	6:31.05	7:45.30	8:54.60	10:38.55	13:51.60
200 IM	3:02.15	3:07.10	3:19.00	3:26.90	3:34.85	3:55.60	4:03.55	4:17.40	4:49.10	5:11.85	5:56.40	6:40.95	7:55.20	9:24.30
400 IM	6:29.05	6:38.95	7:00.75	7:15.60	7:45.30	8:29.85	9:09.45	9:34.20	10:38.55	12:32.40	14:51.00	16:10.20	17:21.70	21:17.10

